

GUARCINO-CAMPOCATINO-HISTORIC TABELLA DISTANZE E TEMPI

Tappa: Unica - Data: 1 settembre 2013 - da: Guarcino a: Campocatino

SET	CO	PC	PD	CT	LOCALITA'	DISTANZE			TEMPI			MEDIE		ORARIO TEORICO 1° CONC.	NOTE	
						PAR.	SET	TOTALI	PC	SET	TOTALI	PC	SET			
1	1				GUARCINO	0,000	0,000	0,000						10:00		
		1			<i>Guarcino Historic 1 (km 9,480)</i>	9,480		9,500	14' 14"			39,963		10:14		
		2			<i>Le Campore 1 (km 1,450)</i>	1,450		10,950	02' 11"			39,847		10:16		
		3			<i>Le Campore 2 (km 0,160)</i>	0,160		11,110	00' 19"			30,316		10:16		
		4			<i>Le Campore 3 (km 1,940)</i>	1,940		13,050	02' 55"			39,909		10:19		
		5			<i>Osservatorio 1 (0,230)</i>	0,230		13,280	00' 27"			30,667		10:20		
		6			<i>Osservatorio 2 (km 2,190)</i>	2,190		15,470	03' 19"			39,618		10:23		
		7			<i>Ascendella 1 (km 0,130)</i>	0,130		15,600	00' 17"			27,529		10:23		
		8			<i>Ascendella 2 (km 2,400)</i>	2,400		18,000	03' 37"			39,816		10:27		
		9			<i>Campocatino 1 (km 0,090)</i>	0,090		18,090	00' 14"			23,143		10:27		
		10			<i>Campocatino 2 (km 0,050)</i>	0,050		18,140	00' 08"			22,500		10:27		
		11			<i>Campocatino 3 (km 0,050)</i>	0,050		19,190	00' 08"			22,500		10:27		
					CAMPOCATINO (RIORDINO)	0,260		18,450	30' 00"					10:30		
	2	2				LE CAMPORE	9,430		27,880	30' 00"	1h 30' 00"	1h 30' 00"	27,740		11:30	
					LE CAMPORE	0,000		27,880				27,740		11:30		
		12			<i>Le Campore 4 (km 1,450)</i>	1,450		11,000	02' 11"			38,818		11:32		
		13			<i>Le Campore 5 (km 0,160)</i>	0,160		11,160	00' 19"			32,000		11:32		
		14			<i>Le Campore 6 (km 1,940)</i>	1,940		13,110	02' 55"			39,886		11:35		
		15			<i>Osservatorio 3 (km 0,230)</i>	0,230		13,390	00' 27"			33,120		11:35		
		16			<i>Osservatorio 4 (km 2,190)</i>	2,190		15,590	03' 19"			37,799		11:39		
		17			<i>Ascendella 3 (km 0,130)</i>	0,130		15,720	00' 17"			31,200		11:39		
		18			<i>Ascendella 4 (km 2,400)</i>	2,400		18,120	03' 37"			39,816		11:43		
		19			<i>Campocatino 4 (km 0,090)</i>	0,090		18,210	00' 14"			27,000		11:43		
		20			<i>Campocatino 5 (km 0,050)</i>	0,050		18,260	00' 08"			22,000		11:43		
		21			<i>Campocatino 6 (km 0,050)</i>	0,050		18,310	00' 08"			22,000		11:43		
					CAMPOCATINO (RIORDINO)	8,690	9,350	37,230	30' 00"				39,021		12:15	
3		3				LE CAMPORE	9,430	18,120	46,660	30' 00"	1h 15' 00"	2h 45' 00"			12:45	
					LE CAMPORE	0,000	9,430	46,660						12:45		
		22			<i>Guarcino Historic 2</i>	9,240		55,900	13' 53"			39,933		12:58		
				CAMPOCATINO		9,240	55,900		15' 00"	3h 00' 00"		39,021		13:00		