

COPPA DEI LUPI - TABELLA DISTANZA E TEMPI - Tappa Unica 9 - 10 gennaio 2016 da Sora a Sora

SET	CO	PC IN	PC OUT	CT	LOCALITA'	DISTANZE			TEMPI			MEDIE		ORARIO TEORICO 1° CONCORRENTE	NOTE
						PAR.	SET	TOTALI	PC	SET	TOTALI	PC	SET		
4	5				LO SCOIATTOLO PASSO GODI		0,000	171,450			5h 30'			20.00	
		29			<i>Passo Godi start</i>		0,030	171,480						20.00	
			29		<i>Villetta Barrea</i>	12,800	12,830	184,280	19' 45"			38,886		20.20	
		30			<i>Civitella Alfedena start</i>		15,730	187,180						20.25	
		31	30		<i>Civitella Alfedena 1</i>	1,330	17,060	188,510	02' 10"			36,830		20.27	
			31		<i>Civitella Alfedena 2</i>	0,060	17,120	188,570	00' 09"			24,000		20.27	
		32			<i>Opi Bivio start</i>		29,790	201,240						20.47	
		33	32		<i>Macchiarvana 1</i>	7,630	37,420	208,870	12' 00"			38,150		20.59	
		34	33		<i>Macchiarvana 2</i>	0,080	37,500	208,950	00' 12"			24,000		20.59	
		35	34		<i>Forca D'Acero 3</i>	1,690	39,190	210,640	02' 45"			36,800		21.03	
		36	35		<i>Forca D'Acero 4</i>	3,320	42,510	213,960	05' 15"			37,942		21.08	
		37	36		<i>San Donato 4</i>	9,870	52,380	223,830	15' 15"			38,832		21.23	
			37		<i>San Donato 5</i>	0,050	52,430	223,880	00' 07"			25,700		21.23	
6					SAN DONATO VALCOMINO		58,020	229,470		1h 35'	7h 05'	36,640		21,35	
6					SAN DONATO VALCOMINO		0,000								
5		38			<i>Alvito start</i>		8,980	238,450						21.50	
		39	38		<i>San Onofrio 1</i>	3,160	12,140	241,610	05' 05"			37,298		21.55	
		40	39		<i>San Onofrio 2</i>	4,430	16,570	246,040	07' 00"			37,970		22.02	
		41	40		<i>San Onofrio 3</i>	0,050	16,620	246,090	00' 07"			25,700		22.02	
		42	41		<i>Campoli 1</i>	9,410	26,030	255,500	14' 30"			38,937		22.16	
		43	42		<i>Campoli 2</i>	1,920	27,950	257,420	03' 13"			35,813		22.20	
		44	43		<i>Campoli 3</i>	3,310	31,260	260,730	05' 45"			34,539		22.25	
			44		<i>Campoli 4</i>	0,050	31,310	260,780	00' 09"			20,000		22.25	
		45			<i>Pescosolido start</i>		34,240	263,760						22.35	
		46	45		<i>Pescosolido 1</i>	0,120	34,360	263,880	00' 19"			22,736		22.35	
		47	46		<i>Pescosolido 2</i>	0,040	34,400	263,920	00' 07"			20,571		22.35	
			47		<i>Pescosolido 3</i>	0,050	34,450	263,970	00' 07"			25,700		22.35	
		48			<i>Collepiano start</i>		52,060	281,580						23.03	
		49	48		<i>Collepiano 1</i>	1,320	53,380	282,900	02' 10"			36,500		23.05	
		50	49		<i>Collepiano 2</i>	0,040	53,420	282,940	00' 07"			20,571		23.05	
		50		<i>Collepiano 3</i>	1,940	55,360	284,880	03' 03"			38,163		23.08		
7					SORA		61,890	291,360		1h 45'	8h 50'	35,365		23.20	